

# A step-by-step guide to giving insulin to your cat.

Some pet owners find the idea of injecting their cat a little intimidating. That's why we've created this easy guide—to show you how to prepare and administer your cat's insulin. Although the process should soon be routine, rest assured that more support is here if you need it.

## Preparing the dose.

After washing your hands, take the Vetsulin<sup>®</sup> (porcine insulin zinc suspension) bottle out of the refrigerator. Gently roll the bottle between your hands. This mixes the insulin and also warms it so the injection is less painful to your cat.

- 1 Carefully remove the cap from the needle.
- 2 Using a U-40 insulin syringe, pull the plunger back to draw air into the syringe to equal the Vetsulin dose.
- 3 Insert the syringe into the bottle and inject the air.
- 4 Turn the bottle and syringe upside down.
- 5 Making sure the tip of the needle is in the Vetsulin, withdraw the correct dose into the syringe.
- 6 Before removing the needle from the bottle, check the syringe for any air bubbles. If bubbles are present, hold the syringe up and tap its side until the bubbles float to the top. Push them out with the plunger and withdraw the correct dose.
- 7 Remove the needle from the bottle. Be careful that you don't inject yourself.



Vetsulin *helps you manage* feline diabetes in your one-of-a-kind cat.



*Now you're ready to give the injection.*  
(See reverse side.)

See Owner Information Sheet  
for full product information.

## Giving the injection.

You've measured the correct dose for your cat, and now you're ready to inject Vetsulin® (porcine insulin zinc suspension). Your first step is to find a good spot. Injections should be given just under the skin, 1 to 2 inches from the middle of your cat's back. The location should vary from behind the shoulder blade to slightly in front of the hipbone. The choice depends on your veterinarian's preference and what suits you and your cat. Alternating between your cat's left and right sides will help to ensure greater long-term comfort.

- 1 If necessary, ask someone to help you hold your cat.
- 2 Hold the syringe in the hand you usually use. For safety—and to keep from losing any of your cat's dose—don't place your finger on the plunger until the needle is in the skin.
- 3 Using your free hand, pinch up a fold of skin **(a)**, and gently insert the needle into the center of the fold **(b)** as instructed by your veterinarian. Once the needle is through the skin, push the plunger in as far as it will go **(c)**.
- 4 Pull the needle out, being careful not to inject yourself.
- 5 Dispose of the syringe in an appropriate manner (sharps/biohazard disposal).



## You did it!

Reward your cat with something he or she likes such as a scratch, nuzzle, or treat.

## Questions?

Visit us online at [www.vetsulinforpets.com](http://www.vetsulinforpets.com).

**vetsulin**<sup>®</sup>  
(porcine insulin zinc suspension)



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