

# A step-by-step guide to giving insulin to your dog.

Some pet owners find the idea of injecting their dog a little intimidating. That's why we've created this easy guide—to show you how to prepare and administer your dog's insulin. Soon the process will be routine and you'll be back to doing everything you've always enjoyed together.

## Preparing the dose.

After washing your hands, take the Vetsulin<sup>®</sup> (porcine insulin zinc suspension) bottle out of the refrigerator. Gently roll the bottle between your hands. This mixes the insulin and also warms it so the injection is less painful to your dog.

- 1 Carefully remove the cap from the needle.
- 2 Using a U-40 insulin syringe, pull the plunger back to draw air into the syringe to equal the Vetsulin dose.
- 3 Insert the syringe into the bottle and inject the air.
- 4 Turn the bottle and syringe upside down.
- 5 Making sure the tip of the needle is in the Vetsulin, withdraw the correct dose into the syringe.
- 6 Before removing the needle from the bottle, check the syringe for any air bubbles. If bubbles are present, hold the syringe up and tap its side until the bubbles float to the top. Push them out with the plunger and withdraw the correct dose.
- 7 Remove the needle from the bottle. Be careful that you don't inject yourself.



*Vetsulin fits the lifestyle  
you love sharing  
with your dog.*



*Now you're ready to give the injection.*  
(See reverse side.)

## Giving the injection.

You've measured the correct dose for your pet, and now you're ready to inject Vetsulin® (porcine insulin zinc suspension). Your first step is to find a good spot. Injections should be given just under the skin, 1 to 2 inches from the middle of your dog's back. The location should vary from behind the shoulder blade to slightly in front of the hipbone. The choice depends on your veterinarian's preference and what suits you and your pet. Alternating between your dog's left and right side will help to ensure greater long-term comfort.

- 1 If necessary, ask someone to help you hold your dog.
- 2 Hold the syringe in the hand you usually use. For safety—and to keep from losing any of your dog's dose—don't place your thumb on the plunger until the needle is in the skin.
- 3 Using your free hand, pinch up a fold of skin **(a)** and gently insert the needle into the center of the fold **(b)** as instructed by your veterinarian. Release the skin and push the plunger in as far as it will go **(c)**.
- 4 Pull the needle out, being careful not to inject yourself.
- 5 Dispose of the syringe in an appropriate manner (sharps/biohazard disposal).



*You did it!* Reward your dog with a big hug.

## Questions?

Visit us online at [www.vetsulinforpets.com](http://www.vetsulinforpets.com).



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